



**"TIBISCUS" UNIVERSITY OF TIMISOARA**

**DEPARTMENT FOR TEACHER TRAINING**

***PROGRAM***

**INTERNATIONAL CONFERENCE**








***"EDUCATIONAL CHALLENGES IN THE 21ST CENTURY"***

**2nd ed.**

**November 22, 2024**

**TIMIȘOARA**

**PARTNERS:**

<p><b>"Aurel Vlaicu" University of Arad</b></p>	
<p><b>"Stefan cel Mare" Police Academy of the Ministry of Internal Affairs MAI of the Republic of Moldova</b></p>	
<p><b>House of the Teaching Staff in Timis</b></p>	
<p><b>County Center for Educational Resources and Assistance Timiș</b></p>	
<p><b>House of the Teaching Staff in Caras-Severin</b></p>	
<p><b>County Center for Educational Resources and Assistance Caras-Severin</b></p>	
<p><b>Institute of Psychotherapy, Psychological Counseling and Clinical Supervision</b></p>	

### ORGANIZING COMMITTEE:

Loredana-Ileana Vișcu, PhD	Tibiscus University of Timisoara, Department for Teacher Personnel Development (DPPD), Institute of Psychotherapy, Counseling and Clinical Supervision (IPCS)
Radu Răducan, Ph.D	"Tibiscus" University of Timisoara
Florentina - Anica Pinteaa, PhD	"Tibiscus" University of Timisoara, Department for Teacher Training (DPPD)
Prof. Mihaela-Dana Ivasca	Director of the Teacher Training House Timiș
Prof. Melania Dragomir	Director of Timis County Educational Resource Center

### SCIENTIFIC COMMITTEE:

Eduard Clifton Watkins Jr., Ph.D.	University of North Texas, Institute of Psychotherapy, Counseling and Clinical Supervision (IPCS)
Remus Runcan, Ph.D. Habil.	Aurel Vlaicu University of Arad
Mihaela Rus, Ph.D. Habil.	"Ovidius" University of Constanta
Dana Rad, Ph.D.	"Aurel Vlaicu" University of Arad
Mihaela Bucin, Ph.D.	University of Szeged
Ioana-Eva Cădariu, Ph.D.	"Tibiscus" University of Timisoara, Department for Teacher Training (DPPD), Institute of Psychotherapy, Counseling and Clinical Supervision (IPCS)
Vitalie Ionascu, Ph.D. Habil.	"Stefan cel Mare" Academy of the Ministry of Internal Affairs of the Republic of Moldova
Marcel Boșcaneanu, Ph.D.	"Stefan cel Mare" Academy of the Ministry of Internal Affairs of the Republic of Moldova
Albert Antoci, Ph.D.	"Stefan cel Mare" Academy of the Ministry of Internal Affairs of the Republic of Moldova
Adina Todea, Ph.D.	"Tibiscus" University of Timisoara, Department for Teacher Training (DPPD)
Elena Ghica, Ph.D.	"Tibiscus" University of Timisoara, Department for Teacher Training (DPPD)
Alina Constantin, Ph.D.	Babes Bolyai University, Cluj - Napoca, University Center Resita
Daniela Hojda, Ph.D.	"Tibiscus" University of Timisoara, Department for Teacher Training (DPPD)
Cristiana Creț, student Ph.D.	"Tibiscus" University of Timisoara, Department for Teacher Personnel Development (DPPD)
Alex Hohn, student Ph.D.	"Tibiscus" University of Timisoara
Daniela Biriș, student Ph.D	"Tibiscus" University of Timisoara, University of Medicine and Pharmacy "Dr. Victor Babes" Timisoara

## OPENING OF THE CONFERENCE

<b>10.00-10.15</b>	<p><b>OPENING SPEECH OF THE CONFERENCE</b></p> <p>Director, Department of Psychology, "Tibiscus" University of Timisoara <b>Ioana-Eva CĂDARIU PhD</b></p> <p>President of the Board of Administration "Tibiscus" University of Timisoara <b>Dragoș - Florin ANCA</b></p> <p>Rector "Tibiscus" University of Timisoara <b>Prof. Radu RĂDUCAN PhD</b></p> <p>Vice-Rector of the "Tibiscus" University of Timisoara <b>Prof. Loredana-Ileana VÎȘCU PhD</b></p>
<b>10.15-18.45</b>	<p><b>PAPERS SESSIONS</b> <b>Hotel BOAVIȘTA in Timisoara/ONLINE (ZOOM)/FIZIC</b> <b>ROOM 104 / ONLINE (ZOOM)/PHYSICS</b> <b>ROOM 105/ ONLINE (ZOOM)/PHYSICS</b></p> <p>Moderators:</p> <ul style="list-style-type: none"> <li>Assoc.prof. PhD Florentina-Anica PINTEA</li> <li>Lecturer Ph.D. Elena GHICA</li> <li>Lecturer Ph.D. Alina - Cristina CONSTANTIN</li> <li>Ș.I.Ph.D. eng. Codruța GAVRILĂ</li> <li>Daniela HOJDA, Ph.D.</li> <li>Cristiana CREȚ, student Ph.D.</li> <li>Alex HOHN, student Ph.D.</li> </ul>
<b>18.45-19.00</b>	<p><b>CONCLUSIONS - CLOSING THE CONFERENCE</b></p>



## SESSION 1 - Hotel Boavista LIVE / ONLINE (ZOOM)

10.15 – 13.15

**Moderators: Loredana - Ileana VÎȘCU Ph.D**  
**Ioana - Eva CĂDARIU Ph.D.**

Hours	Participant's full name	Paper title
10.15-10.30	<b>C. Edward WATKINS, Jr. PhD, Ioana-Eva CĂDARIU PhD, Loredana-Ileana VÎȘCU PhD &amp; Psychotherapist Rima VILIÛNIENĖ</b> University of North Texas "Tibiscus" University of Timisoara Institute for Psychotherapy, Counseling and Clinical Supervision (IPCS) Clinic of Psychiatry, Vilnius University	Do WE REALLY NEED A Written Supervision Agreement for Psychotherapy Supervision?
10.30-10.45	<b>Remus RUNCAN, Ph.D. Habil.</b> "Aurel Vlaicu" University of Arad <b>Patricia RUNCAN, Ph.D.Habil.</b> West University of Timisoara	Generation Alpha & Technology
10.45-11.00	<b>Dana RAD, Ph.D.</b> <b>Gavril RAD, stud. Ph.D.</b> Center of Research Development and Innovation in Psychology, Faculty of Educational Sciences Psychology and Social Work, Aurel Vlaicu University of Arad, Arad, Romania	Predicting control loss in eating behaviors using Decision Tree Regression: implications for educational interventions targeting motivational and physical factors
11.00-11.15	<b>Vitalie IONAȘCU, Ph.D.</b> <b>PhD student Benjamin LUP</b> MAI Academy "Stefan cel Mare" Chisinau	Staff training and institutional partnerships to prevent human trafficking
11.15-11.30	<b>Marcel BOȘCANEANU, Ph.D.</b> MAI Academy "Stefan cel Mare" Chisinau	Interaction of the labor market with the education services market in the Republic of Moldova
11.30-11.45	<b>Constantin REBEDEA, Ph.D.</b> National Agency for Quality Assurance in Higher Education ARACIS	The UNESCO Global Convention on the Recognition of Qualifications in Higher Education (GRC). Implications of AI for quality assurance
11.45-12.00	<b>Sofia-Loredana TUDOR, Ph.D., Marius-Claudiu LANGA, Ph.D., Adriana-Nicoleta LAZĂR Ph.D.</b> The National University of Science and Technology POLITEHNICA Bucharest, Pitesti University Center	Student-centered teaching in the context of digitalization of the university educational environment
12.00-12.15	<b>Andrei PÂNTEA, Ph.D.</b> MAI Academy "Stefan cel Mare" Chisinau Chisinau	Torture, inhuman and degrading treatment. Qualifying legal-criminal aspects
12.15-12.30	<b>Mihaela RUS, Ph.D. Habil., Luminița Mihaela SANDU, Melike ZEVRI, Dorina REVICI</b> "Ovidius" University of Constanta	Psychoeducational consequences of procrastination in office and remote employees
12.30-12.45	<b>Claudia-Livia PAU, Ph.D.</b> <b>Adrian JURCHESCU</b> University Center of "Babeș-Bolyai" University of Resita	AI-powered tools for personalized learning: opportunities and challenges in the post-pandemic era
12.45-13.00	<b>Radu RĂDUCAN, Ph.D.</b> "Tibiscus" University of Timisoara	Educational training of human resources in robotic enterprises

13.00-13.15	<b>Daniela BIRIȘ stud. Ph.D., Voichița LĂZUREANU, Ph.D., Cristian OANCEA, Ph.D. Talida NOVĂCESCU, Ph.D.</b> University of Medicine and Pharmacy "Dr. Victor Babes" Timisoara	Socio-educational implications in longitudinal intervention on HIV-positive patients in Timis County
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## 13.00 - 15.00 BREAK

### SESSION 2, Room 202, UTT - LIVE /ONLINE (ZOOM)

## 15.00 - 18.45

#### Moderators:

**Florentina-Anica PINTEA, Ph.D.**  
**Alina- Cristina CONSTANTIN, Ph.D.**  
**Psychotherapist Ramona NOVAK**  
**Daniela-Maria HOJDA, Ph.D.**

Hours	Participant's full name	Paper title
15.00-15.15	<b>Psychotherapist Mihaela STOICA</b> Institute of Psychotherapy, Psychological Counseling and Clinical Supervision IPCS	The implications of anxiety management for teachers - Book Presentation: Stop! Free yourself from anxiety, panic attacks and emotional blocks
15.15-15.30	<b>Ramona NOVAK</b> Psychotherapist, Institute of Psychotherapy, Psychological Counseling and Clinical Supervision IPCS	The role of supervision tools in the professional development of the psychotherapist
15.30-15.45	<b>Denisa MĂNICĂ</b> Psychotherapist, Institute of Psychotherapy, Psychological Counseling and Clinical Supervision IPCS <b>Octavia MAFTEI</b> Psychotherapist, Institute of Psychotherapy, Psychological Counseling and Clinical Supervision IPCS	Psychoeducation of the beginning therapist - an essential element in professional development
15.45-16.00	<b>Marilena TRIFAN</b> Psychotherapist, Institute of Psychotherapy, Psychological Counseling and Clinical Supervision IPCS	Psychoeducation to prevent bullying in schools
16.00-16.15	<b>Raluca ȚIRC</b> Psychotherapist, Institute of Psychotherapy, Psychological Counseling and Clinical Supervision IPCS	Managing disruptive behavior during the period of adaptation to kindergarten
16.15-16.30	<b>Raluca DINU</b> Psychologist, Institute of Psychotherapy, Psychological Counseling and Clinical Supervision IPCS	Artificial intelligence in psychotherapy: integration, effectiveness and ethical challenges in practice
16.30-16.45	<b>Prof. Lucia- Carla MATEI</b> Director at Share Education Organization Arad <b>Speech therapist drd. Alina-Florina RAȚIU</b> CJRAE Arad	The role of Erasmus+ projects in motivating beginning teachers
16.45-17.00	<b>Psychologist Raluca PERINAȚ</b> Master student "Aurel Vlaicu" University of Arad Institute of Psychotherapy, Psychological Counseling and Clinical Supervision IPCS	Personality, attachment and parenting styles
17.00-17.15	<b>Psychologist Alice CAPOTESCU</b> Master's student Clinical Psychology and Psychotherapies, "Tibiscus" University of Timisoara, Institute of Psychotherapy, Psychological Counseling and Clinical Supervision IPCS	The impact of social networking on students' mental health in the 21st century

<b>17.15-17.30</b>	<b>Psychologist Theodora ROȘEȚI</b> Master student Clinical Psychology and Psychotherapies, "Tibiscus" University of Timisoara Institute of Psychotherapy, Psychological Counseling and Clinical Supervision IPCS	The influence of rational beliefs and resilience on professional self- efficacy
<b>17.30-17.45</b>	<b>Psychologist Anca BASARAB</b> Master student Clinical Psychology and Psychotherapies, "Tibiscus" University of Timisoara	Self-efficacy and stressors in pre-university teaching careers
<b>17.45-18.00</b>	<b>Psychologist Sofia OLAH</b> Master Clinical Psychology and Psychotherapies, "Tibiscus" University of Timisoara	Regulating emotions and personality traits in adolescents
<b>18.00-18.15</b>	<b>Psychologist Geanina ȘANTA</b> Master Clinical Psychology and Psychotherapies, "Tibiscus" University of Timisoara	The relationship between employee attachment style, motivation and job satisfaction
<b>18.15-18.30</b>	<b>Prof. Zagorka MILENCOVICI</b> Dir. CJRAE Arad	The role of parents as essential partners in the educational team - the implications of school-family collaboration in the educational process
<b>18.30-18.45</b>	<b>Prof. Verona-Diana CĂLIN</b> "Traian Lalescu" National College from Resita	Psychoeducation of anxiety in students

## SESSION 3, Room 104-105, UTT - LIVE /ONLINE (ZOOM)

**15.00-18.45**

### Moderators:

**Ioana-Eva CĂDARIU Ph.D.**  
**Codruța GAVRILĂ, Ph.D.**  
**Elena GHICA, Ph.D.**  
**Cristiana CREȚ, stud. Ph.D**  
**Alex HOHN, stud. Ph.D**

Hours	Participant's full name	Paper title
<b>15.00-15.15</b>	<b>Stud. DPPD Iuliana Georgiana APOSTOL</b> <b>Codruța GAVRILĂ, Ph.D</b> "Regele Mihai I" University of Life Sciences	The educational importance of tourist facilities in Dumbrăvița, Timis County
<b>15.15-15.30</b>	<b>Stud. DPPD Narcisa Larisa BALCU</b> <b>Gavrilă Codruța, Ph.D</b> "Regele Mihai I" University of Life Sciences	The role of vitamins and minerals on human health from a nutrition education perspective
<b>15.30-15.45</b>	<b>Stud. DPPD Ionela Daniela HAȚEGAN</b> <b>Codruța GAVRILĂ, Ph.D</b> "Regele Mihai I" University of Life Sciences	The impact of diet on school performance
<b>15.45-16.00</b>	<b>Stud. DPPD Elena Maria MIRCEA</b> <b>Codruța GAVRILĂ, Ph.D</b> "Regele Mihai I" University of Life Sciences	Generation Y versus Generation Z
<b>16.00-16.15</b>	<b>Stud. DPPD Denisa Ioana MIRON</b> <b>Codruța GAVRILĂ, Ph.D</b> "Regele Mihai I" University of Life Sciences	Advantages and disadvantages of virtual communication for teenagers
<b>16.15-16.30</b>	<b>Stud. DPPD Naomi Alisia PĂCURAR</b> <b>Codruța GAVRILĂ, Ph.D</b> "Regele Mihai I" University of Life Sciences	The influence of mountain tourism services on sustainable development

<b>16.30-16.45</b>	<b>Stud. DPPD Ionela Bianca SAVU Codruța GAVRILĂ, Ph.D</b> "Regele Mihai I" University of Life Sciences	Generation X versus Generation Alpha
<b>16.45-17.00</b>	<b>Stud. Patricia-Letitia TURIAC</b> University Center of "Babeș-Bolyai" University of Resita	The role of music in pre-schoolers' overall development
<b>17.00-17.15</b>	<b>Stud. Adelina-Dorotheea ANGHEL</b> University Center of "Babeș-Bolyai" University of Resita	The mnemonic function of music
<b>17.15-17.30</b>	<b>Stud. Florinela-Crinuța ZAI (BĂCILĂ)</b> University Center of "Babeș-Bolyai" University of Resita	The importance of learning-reading. Reading and explanatory reading
<b>17.30-17.45</b>	<b>Nicolae SEIMEANU, Ph.D</b> "Tibiscus" University of Timisoara	The scoring matrix - a fundamental tool for quality assessment
<b>17.45-18.00</b>	<b>Elena GHICA, Ph.D</b> "Tibiscus" University of Timisoara	Student-centered learning - the simulated process
<b>18.00-18.15</b>	<b>Psychologist drd. Alex HOHN</b> "Tibiscus" University of Timisoara	ADHD - educational implications
<b>18.15-18.30</b>	<b>Daniela-Maria HOJDA, Ph.D.</b> "Tibiscus" University of Timisoara Secondary School Emilia Lungu Izvin	The challenges of the beginning teacher in 21st century Romania
<b>18.30-18.45</b>	<b>Stud DPPD Nicoleta- Elena GOGA Cristiana CREȚ, stud. Ph.D</b> "Tibiscus" University of Timisoara	School drop-out in the sec. XXI: Causes and methods of intervention

The links for the online sessions will be sent later.

**THANK YOU!**